

What's new in *Trail Guide to the Body, 6th edition*?

Instructional design enhancements

- Pre-learning features begin each chapter
 - *Case studies/stories* provide context for students
 - *Questions*, as a pre-learning activity, jump start student comprehension and attention
- Updated presentation elements
 - Supplemental *Trigger Point addendum* now available as a free *online resource* within the *Trail Guide to the Body* student and instructor resources
 - Icons are more clearly identifiable
 - “Boxed” feature content delivered with clear color distinctions for quick identification and access
 - Palpation instructions now label the anatomical structure being palpated.
- Anatomical and palpation images are now in *full-color*
 - Structures appear more “lifelike”
 - Images feature more diversity in skin tones

Terminology Updates

Anatomical terminology is subject to change over time. Books of Discovery follows the prevailing consensus of leading anatomists. Over the years there's been a growing shift in consensus on terminology of a few specific structures. The terms below reflect the changes that have been adopted in the 6th edition of *Trail Guide to the Body*.

- Thoracolumbar aponeurosis is now thoracolumbar **fascia**
- Abdominal aponeurosis is now **rectus sheath**
- All structures that included peroneal/peroneus are now fibular/fibularis:
 - peroneal artery – fibular artery
 - peroneal nerve – fibular nerve
 - peroneus longus – fibularis longus
 - peroneus brevis – fibularis brevis
 - peroneus tertius – fibularis tertius
 - peroneus trochlea – fibular trochlea
 - peroneal tendons – fibularis tendons
 - peroneal retinaculum – fibular retinaculum
 - peroneal collateral ligament – fibular collateral ligament